# **CURRICULUM VITAE**

**NAME:** Kenneth F. Tullis, M.D.

**BIRTH DATE:** March 13, 1944

BIRTHPLACE: Tegucigalpa, Honduras, Central America

MARITAL STATUS: Married CHILDREN: Three

**GRAND CHILDREN:** Six

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Memphis, TN 38134

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### **EDUCATION:**

White Station High School, Memphis, Tennessee, 1961

Rhodes College, Memphis, Tennessee, B.A., 1965

Vanderbilt University, Nashville, Tennessee, M.D., September 1967 - May 1971

Internship: Partial-straight medicine, Vanderbilt Hospital, Nashville, Tennessee June 1971 - October 1971

Residency: University of Tennessee Center for the Health Sciences, Department of Psychiatry, Memphis, Tennessee, January 1972 - December 1974

#### **HONORS:**

Graduate with distinction; Who's Who in American Colleges and Universities

Assistant Chief Resident, 1972; Chief Resident, 1973 -1974: Sandoz Award for Academic Achievement, 1973 - 1974

Annual Diamond Award, The Mental Health Association of the Mid South, November 1999

Annual Humanitarian Award, The Organization for Attempters and Survivors of Suicide in Interfaith Services, October 19, 2005

2007 SPAN USA Sandy Martin Grassroots Award, Washington, D.C., July 20, 2007

2008 SPAN USA Founders Award, Washington, D.C., February 26, 2008

Doctor of Divinity, International New Fellowship of Religious Ministries, Memphis, Tennessee, August 17, 2008

"Reno Rays" Award, Elsie and Jerry Weyrauch, Tennessee Suicide Prevention Symposium, Nashville, Tennessee, September 19, 2008

Continental Who's Who Registry, Valley Stream, New York, May, 2009

Selected as a Top Psychiatrist in Memphis, Tennessee, International Association of HealthCare Professionals (IAHCP), New York, New York, August 6, 2014

#### **BOARD AND OTHER CERTIFICATIONS:**

National Board of Medical Examiners, Part I, II, and III

Certified in Addiction Medicine, American Society of Addiction Medicine, October 1986

American Board of Psychiatry and Neurology, Part I examination, 1993

Fellow, American Society of Addiction Medicine, December 1996

Federal Aviation Administration, Consultant, Psychiatric/Addiction Medicine Assessments of Pilots, Aviation and Preventive Medicine Associates, P.O. Box 600, Palmer Lake, Colorado, 80133-0600, February, 2006

Subutex/Suboxone Certification for Treatment of Opioid Addiction, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, November 28, 2006

American Board of Addiction Medicine, Diplomate, March 12, 2009

# **MEDICAL LICENSURE:**

Tennessee No. MD7800, August 1972 New Mexico No. 97-158, December 1996

# **MEMBERSHIPS:**

American Medical Association

American Psychiatric Association

**Tennessee Medical Association** 

Chi Beta Phi Honorary Scientific Fraternity

American Society of Addiction Medicine

American Academy of Psychiatrists in Alcoholism and Addictions, founding member

Who's Who of American Business Leaders -1991

American Association of Suicidology

American Foundation for Suicide Prevention

Tennessee Suicide Prevention Network

Calvary Episcopal Church, Memphis, Tennessee, 1988 - present

#### **UNIVERSITY APPOINTMENTS:**

Clinical Assistant Professor, University of Tennessee Center for the Health Sciences, Department of Psychiatry, Memphis, Tennessee, January 1975 - August 1976, July 1983 - 1992

Assistant Director of Psychiatry Residency Training Program, University of Tennessee Center for the Health Sciences, Department of Psychiatry, Memphis, Tennessee, January 1975 - August 1976

# **HOSPITAL APPOINTMENTS:**

Lakeside Behavioral Health System, Memphis, Tennessee, Consulting Staff, June 2010 - present

Lakeside Behavioral Health System, Memphis, Tennessee, Active Staff, 1985 - June 2010

Memphis Mental Health Institute, Memphis, Tennessee, Active Staff, 1982 - 1985

Methodist Hospital, Memphis, Tennessee, Active Staff, 1975 - 1982; Consulting Staff, 1982 - 1985

Baptist Hospital, Memphis, Tennessee, Consulting Staff, 1975 - 2006

# **PUBLICATIONS:**

"Obesity," chapter in <u>Nutritional Support of Medical Practice</u>, Harper & Row, 1977

"A Theory of Suicide Addiction", <u>Sexual Addiction & Compulsivity</u>, volume 5, number 4, 1998, 311-324

<u>Seduction of Suicide: Understanding and Recovering from Addiction to Suicide.</u>
1st Books Library, Bloomington, IN, 2002. (Under pen name: Kevin Taylor, M.D.)

The Courage to Live Workbook: A Workbook to Help Suicidal People Live One Day at a Time, KFT Press, Memphis, TN, 2003

"A Theory on the Use of Cognitive Behavioral Therapy (CBT) Plus Eye Movement Desensitization and Reprocessing (EMDR) to Reduce Suicidal Thoughts in Childhood Trauma Victims", appendix in, <u>The Courage to Live Workbook</u>, KFT Press, Memphis, TN, 2003

<u>Secrets of Suicide: Healing the Hidden Wounds That Lead Us to Suicide,</u> AuthorHouse, Bloomington, IN, 2007

"The History of Suicide Prevention", A Youth Suicide Prevention Program, Staff Development Training Seminar, Module 4, <a href="www.jasonfoundation.com">www.jasonfoundation.com</a>, Hendersonville, TN, 2010

#### OTHER APPOINTMENTS AND PRESENTATIONS:

University of Tennessee Center for the Health Sciences AIMS Program (Aid to Impaired Medical Students), Faculty Representative, 1983 -1992

Grace House of Memphis, Board of Directors, 1984 -1987

Tennessee Physicians Health Program Peer Review Committee, West Tennessee Representative, 1987 - February 4, 2002

American Society of Addiction Medicine, Fellowship Committee, 1989 - 1990

New Directions Inc., Chemical Dependency Treatment Center, Board of Directors, 1990 - 1991

Samaritan Counseling Center of the Mid South, Psychiatric Consultant, 1990 - 1991

The National Council on Sexual Addiction, Board of Directors, 1990 -1992

Tennessee Society of Addiction Medicine, Board of Directors, 1991 - 1999

Tennessee Medical Foundation, Board of Directors, 1992 - 2001

Oprah Winfrey Show, "Successful People Who Attempted Suicide", October 1995

Tennessee Society of Addiction Medicine, President Elect, 1996

Founder, Suicide Anonymous, May 13, 1996

Tennessee Society of Addiction Medicine, President, 1997

The Diagnosis and Treatment of Traumatic Stress Conference, "Trauma and Suicide Addiction", Memphis, TN, April 11, 1997

National Suicide Prevention Conference, Co-facilitator, Region IV workshops, Reno, Nevada, October 1998

Tennessee Suicide Prevention Conference, Nashville, Tennessee, Chairperson, October 7-8, 1999

Tennessee Physicians Health Program Peer Review Committee, Vice Chairman, 2000 – February 4, 2002

First National Interfaith Conference on Religion and Suicide, Presenter, The Carter Center, Atlanta, Georgia, April 2000

Diocese of West Tennessee, Episcopal Church, Co-chairperson, Suicide Prevention Resolution, March 25, 2000, Adopted as Resolution D008, The General Convention of the Episcopal Church, Denver, Colorado, July 2000

Suicide Prevention Advocacy Network Sixth National Suicide Prevention Awareness Event, "Confessions of a Suicidal Shrink", Keybridge Marriott, Washington, D.C., May 2001

West Tennessee Conference on Suicide and Religion, Chairperson, Memphis, Tennessee, June 2001

Tennessee Suicide Prevention Network, Governor's Advisory Council: Chairperson, Strategy Committee, 2001 - 2011

The 14<sup>th</sup> Annual Maryland Suicide Prevention Conference, Keynote Speaker, Baltimore, Maryland, October 10, 2002

The Jason Foundation, Medical Advisory Board, October, 2002 - present

The Suicide Prevention Action Network USA (SPAN USA), National Advisory Council (NAC), February 2003 - July, 2008

The 36<sup>th</sup> Annual American Association of Suicidology Conference, "Trauma and Suicide: When Morgan Met the Devil!", La Fonda Hotel, Santa Fe, New Mexico, April 25, 2003

Tennessee Suicide Prevention Network Statewide Conference, "Straight Talk on Suicide: What About Attempters?", Woodmont Hill Church, Nashville, Tennessee, May 6, 2003

Tennessee Suicide Prevention Network Statewide Conference, "Trauma and Suicide: When Morgan Met the Devil!", Woodmont Hill Church, Nashville, Tennessee, May 6, 2003

HIMS Mini Seminar for Pilots, "Treatment of Addiction", Federal Express World Technical Center, Collierville, Tennessee, June 5, 2003

Suicide and the Black Church, "Sources of Help and Hope," The Healing Center, Memphis, Tennessee, June 26, 2003

Suicide Prevention Action Network USA's Eighth National Suicide Prevention Awareness Event, "Suicide: Diagnosis, Not Symptom", Capital Hilton, Washington, DC, July 21, 2003

Memphis/Shelby County Suicide Prevention Advisory Council, Founding Member and Co-Chair, October 22, 2003 - January, 2007

Vanderbilt University School of Medicine, "Suicide Among Medical Professionals: Warning signs in Yourself and Your Colleagues", Nashville, Tennessee, April 28, 2004

Spring Update 2004, "Straight Talk About Suicide", Saint Francis Hospital Medical Staff, Memphis, Tennessee, May 7, 2004

Suicide Prevention Action Network USA's Ninth National Suicide Prevention Awareness Event, "An Introduction to Mental Illness", Capital Hilton, Washington, DC, September 20, 2004

Tennessee Suicide Prevention Network Advisory Council, Annual Retreat, "Straight Talk on Suicide: How Can We Make a Difference?", Montgomery Bell State Park, June 29, 2005

Madge and Ken Tullis Annual Suicide Prevention Award, Co-founder, "To recognize innovations and excellence in Tennessee's suicide prevention awareness movement", September, 2005 - present

The First National Conference for Survivors of Suicide Attempts, Healthcare Professionals, Clergy and Laity, "Reflections of a Suicidal Shrink!", Memphis Marriott Downtown, Memphis, Tennessee, October 20, 2005

The Organization for Attempters and Survivors of Suicide in Interfaith Services, Board of Directors, October 2005 - June 2006

Suicide Prevention Action Network USA's Eleventh Annual National Awareness Event, "Substance Abuse and Suicide," Hamilton Crowne Plaza, Washington, DC, September 8, 2006

The First Annual Conference for Professionals, Survivors and Advocates: Suicide Prevention Across Generations and Cultures, "Confessions of a Suicidal Shrink", Grace Inn Ahwatukee Hotel, Phoenix, Arizona, October 27, 2006

Edwin S. Shneidman Program in Thanatology, "Suicide", a 6 hour workshop, Marian College, Fond du Lac, Wisconsin, November 11, 2006

Memphis/Shelby County Suicide Prevention Advisory Council, Founding Member and Chairperson, January 2007 - November 2008

The Jason Foundation, "Think Tank on What My Faith Says About Suicide," Nashville, Tennessee, February 9 & 10, 2007

St. Louis Catholic Church Women, "Living With Suicide", Memphis, Tennessee, March 8, 2007

The Jason Foundation, Christian Brothers University, the St. Martin de Porres Shrine Institute, and the Catholic Diocese of Memphis, "Teen Suicide Symposium," Spain Auditorium, Christian Brothers University, Memphis, Tennessee, April 29, 2007

3<sup>rd</sup> National Conference: Suicide and the Black Church, "Confessions of a Suicidal Shrink", The Healing Center, Memphis, Tennessee, June 21, 2007

Trezevant Manor, "Suicide in the Elderly", Memphis, Tennessee, June 26, 2007

Crisis Center of Memphis, "Religion and Suicide", Memphis, Tennessee, July 12, 2007

Suicide Prevention Action Network USA's Twelfth Annual National Suicide Prevention Awareness and Training Event, "Stories of Hope: A Survivor/Attempter Panel", Moderator, Doubletree, Washington, DC, July 21, 2007

Memphis Alcohol and Drug Council/Memphis & Shelby County Suicide Prevention Network, "Suicide and Addiction", Memphis, Tennessee, August 13, 2007

University of Memphis' Gatekeeper Training for Suicide Prevention, Keynote Speaker: "Confessions of a Suicidal Shrink and Wife", Fogelman Center, Memphis, Tennessee, September 28, 2007

Lakeside Suicide Prevention Program/Tennessee Suicide Prevention Network Public Service Announcement, Memphis, Tennessee, October, 2007

Memphis Youth Health Conference, "Truth About Suicide", East High School, Memphis, Tennessee, November 17, 2007

New York Times, Interview with Patty Cohen re: Suicide on the Rise Among Middle-Aged Americans, Memphis, Tennessee, January 14, 2007

An Evening of Motivational Speaking, "Stop the Violence," Ebenezer Baptist Church, Memphis, Tennessee, February 17, 2008

Tennessee Suicide Prevention Symposium, TN/10 Challenge, Nashville, Tennessee, September 18-19, 2008

Tennessee Suicide Prevention Symposium, The Healing Path from Pain to Purpose: Stories of Survivors of Suicide and Suicide Attempts, Moderator and Panel Member, Nashville, Tennessee, September 18-19, 2008

Social Understandings of Suicide and Prevention, Course LM-SA30, "Straight Talk on Suicide: Suicide Anonymous", Wesley Theological Seminary, Washington, DC, October, 11, 2008

Lakeside Behavioral Health System, Fall EAP Conference, "Trauma and Suicide", Lakeside Hospital, Memphis, Tennessee, November 7, 2008

Survivors of Suicide Attempts/Lifeline Gallery Focus Groups, Consultant, The Psychological Trauma & Wellness Center, Memphis, Tennessee, November 13, 2008

Memphis/Shelby County Suicide Prevention Awareness and Educational Event, presenter, University of Memphis Panhellenic Ballroom, Memphis, Tennessee, September 9, 2009

The Jason Foundation, "The History of Suicide Prevention", Nashville, Tennessee, December 7, 2009

Fr. John Moloney Fifth Sunday Speaker Series, "Adult Depression," St. Peter Catholic Church, Memphis, Tennessee, February 28, 2010

Memphis City Schools Mental Health Center, "The Importance of Assessing For Suicidality: The Personal Side", Colonial Middle School, Memphis, Tennessee, July 28, 2010

Creativity and Madness Conference, "Discussion Group on Suicide, Trauma, and Transformation", Santa Fe, New Mexico, August 4, 2010

Tennessee Suicide Prevention Network 10<sup>th</sup> Anniversary Symposium, "From Saints to Sinners: The Role of Religion in Suicide Prevention Across the Ages", Trevecca Community Church, Nashville, Tennessee, April 29, 2011

Tennessee Suicide Prevention Network 10<sup>th</sup> Anniversary Symposium, "Suicide 101, Part 2: Basics of Suicide Prevention", Trevecca Community Church, Nashville, Tennessee, April 29, 2011

33rd Annual Tennessee Advanced School on Addictions, ""Confessions of a Suicidal Shrink: A Story of Addiction and Suicide", Shearaton Music City Hotel, Nashville, Tennessee, May 20, 2011.

Fr. John Moloney, Fifth Sunday Speaker Series, "Faith and Suicide: The Role of the Faith Community Through History", St. Peter Catholic Church, Memphis, Tennessee, July 21, 2011

Tennessee Suicide Prevention Network Symposium, Keynote Speaker, Trevecca Community Church, Nashville, Tennessee, September 14, 2011

Tennessee Suicide Prevention Network, Emeritus Member, Trevecca Community Church, Nashville, Tennessee, September 14, 2011

Memphis and Shelby County Collaborative for Suicide Prevention, consultant, September, 2011

14th Fall Psychiatric Symposium, "Confessions of a Suicidal Shrink: A Story of Addiction and Suicide", Knoxville Marriott, Knoxville, Tennessee, October 28, 2011

14th Fall Psychiatric Symposium, "Sex Addiction: Heaven, Hell, or Hoax?", Knoxville Marriott, Knoxville, Tennessee, October 28, 2011

Recovery Sunday, Homily: "The Will to Wholeness", Calvary Episcopal Church, Memphis, Tennessee, November 13, 2011

Great Hall Series, "A Story of Addiction and Suicide", Calvary Episcopal Church, Memphis, Tennessee, November 13, 2011

Great Hall Series, "Faith and Suicide", Calvary Episcopal Church, Memphis, Tennessee, March 11 and March 18, 2012

New Jersey Self-Help Group Clearinghouse, "Confessions of a Suicidal Shrink: The Story of Suicide Addiction & Suicide Anonymous", Rutgers University Conference Center, New Brunswick, New Jersey, June 28, 2013

Suicide Prevention Partnership, "Can Suicide Be An Addiction?", Doubletree by Hilton, Colorado Springs, Colorado, October 18, 2013

National Action Alliance for Suicide Prevention, Suicide Attempts Survivors Task Force, Expert Review, December 6, 2013

#### PROFESSIONAL EXPERIENCE:

Private Psychiatric Practice with emphasis on Dual Diagnosis. Psychopharmacology, and Psychological Trauma, Memphis, Tennessee, 1975 - present

Program Director, 3 East Acute General Psychiatric Unit, Memphis, Mental Health Institute, Memphis, Tennessee, September 1982 - June 1985

Associate Medical Director, Adult Addictive Disease Unit, Lakeside Behavioral Health System, Memphis, Tennessee, June 1985 - July 1986

Associate Medical Director, Impaired Professionals Program, Lakeside Behavioral Health System, Memphis, Tennessee, December 1986 - April 1992

Medical Director, Adult Addictive Disease Unit, Lakeside Behavioral Health System, Memphis, Tennessee, July 1986 - January 2006

Medical Director, Impaired Professionals Program, Lakeside Behavioral Health System, Memphis, Tennessee, April 1992 - January 2006

Medical Director, Dual Diagnosis Programs, Lakeside Behavioral Health Memphis, Tennessee, April 1992 - January 2006

Medical Director, Psychological Trauma Services, Lakeside Behavioral Health System, Memphis, Tennessee, April 1992 - January 2006

Medical Director, Suicide Prevention Services, Lakeside Behavioral Health System, Memphis, Tennessee, January 2002 - January 2006

Associate Medical Director, Lakeside Behavioral Health System, Memphis. Tennessee, January 2002 - January 2006

The Psychological Trauma and Wellness Center, specializing in Mood Disorders and Addictions, Psychological Trauma, Suicide Prevention and Impaired Professionals, Memphis, Tennessee, December 2005 - present

Consultant, Regional Area Monitoring Team, Memphis/Shelby County. Tennessee Medical Foundation's Physician's Health Program, January 2006 -2013

Lecturer, Suicide Intervention Services, Lakeside Behavioral Health System, Memphis, Tennessee, June 2006 - present

(Revised October 28, 2014)